

Assemblymember Bill Quirk

invites you to attend a

Senior Care & Life Planning Seminar

Friday, April 5, 2019

1:30 – 3:00 PM

Kenneth Aitken Senior & Community Center

(seminar will be held in the Senior Main Hall)

17800 Redwood Road

Castro Valley, Ca 94546



Obtain the latest information and have your questions answered. Seniors, their families & caregivers are welcome to attend this **FREE** seminar

- Advance Care Directives & Other Forms
- How to select an agent
- How to make decisions ahead of time based on your personal values
- Important information to discuss with your agent, family, and doctor

**To RSVP and for
more information:
(510) 583-8818**

This event held in partnership with:

Kaiser Permanente & Legal Assistance for Seniors